

MEDICINE SAFETY CHECKLIST

- ⇒ Read and follow the *Drug Facts* label every time.
- ⇒ Measure carefully. Keep medicines and the dosing device it comes with together. Never use household spoons to measure medicine.
- ⇒ Check that all medicines, vitamins, and supplements are stored up, away, and out of sight of young children.
- ⇒ Ensure that the child safety caps are locked on all medicines.
- ⇒ Remind visitors to keep luggage, purses, or anything else that may have medicines in it out of children's reach and sight.
- ⇒ Medicines should not be taken without the supervision of an adult.
- ⇒ Make sure your children know that using over the counter and prescription medicines incorrectly can cause harm.

Emergency Contacts

Family Doctor: _____

Pharmacy: _____

POISON
Help
1-800-222-1222



Source: Scholastic



For more information/resources
please visit:

LCAHealthyYouth.com