

Uniting The Community To Promote Positive Choices
Serving Southern Beaufort County



Dear Community Member,

The LowCountry Alliance for Healthy Youth (LCAHY) is a community prevention coalition of Southern Beaufort County that works to unite the community to promote positive choices. A major goal of our coalition is to prevent/reduce teen use of drugs and alcohol and related risk behaviors. LCAHY is a recipient of the Drug-Free Communities (DFC) Support Program Grant awarded by the White House Office of National Drug Control Policy (ONDCP) and administered by the Centers for Disease Control and Prevention (CDC). The Community Foundation of the Lowcountry serves as the fiscal agent.

LCAHY is excited to announce our 5th Annual 5K Run/Walk to be held Saturday, May 24, 2025! We are thrilled to have the support of the Town of Bluffton and Palmetto Running Company for this event; bringing years of expertise and experience necessary to help our event be successful and safe. We are also elated to have Beaufort Memorial partner as our May Day 5K Title Sponsors; they have been with us since our first race and are grateful for their commitment to our community and our youth! We are excited to host this race on Memorial Day Weekend and hope it will allow a record number of participants to join us. We are also honored to be celebrating our 5th year hosting this race and the many partnerships within the community that have made it possible! LCAHY is seeking community members who would be willing to partner with us as sponsors for our 5K. Five levels of sponsorship offer opportunities to partner with us in various ways. Please see the attached Sponsor Information Page for a detailed listing of each level and the benefits associated with each. Tax-deductible sponsor payments and donations may be made payable to the Community Foundation of the Lowcountry with a notation in the memo line- LCAHY 5K Sponsor (denote level please) or by [clicking here](#).

The monies raised through our 5K will fund projects and programs within the community ([click here](#) to read about a few of our past projects). One program we particularly wish to be able to fund and would like to highlight is the annual award for an outstanding senior(s) of Teens for Healthy Youth (THY). THY is LCAHY's youth coalition and is dedicated to promoting positive teen health through peer-to-peer education, leadership, and service. LCAHY currently has THY programs at Bluffton High, Cross Schools, Hilton Head Christian Academy, Hilton Head High, Hilton Head Preparatory, and May River High School. [Click here](#) to see what our THY students are doing; we are a bit biased but are very proud of their work!

We look forward to partnering with you as we strive to unite our community to invest in the health and wellness of our youth through education, community service, and the promotion of positive choices! Thank you for your consideration.

Respectfully,

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**LCAHY is a recipient of the Drug Free Communities Grant.