



Uniting the Community to Promote Positive Choices

**LowCountry Alliance for Healthy Youth
Community Board (Zoom) Meeting
March 21, 2022**

Meeting called to order 6:00 pm by Jim Berl, treasurer, in Chair, Wendy Cummings, absence

Minutes: Minutes from previous meeting approved.

Attendance: Francine Norz Tobin (Government Organization/Solicitor's office), James Berl (Youth Serving Organization/Island Rec), Dr. Loretta Novince (LCAHY/DFCGrant Consultant), Galen Stirrup-Camancho (Substance Abuse Agency/BCADAD) Tia Campanella (Business); David Ur (Law Enforcement/Bluffton Police Department); Cheryl Rodriguez (Parent); Youth: Lucia Valladeras (Youth/ THY Bluffton); Rochelle Loarca (Youth/THY Bluffton); Kylie Nelson (Youth/Youth CIA, MRHS THY). Staff: Rachel Kassal (DFCGrant Staff Support), Blanca Aranda (DFC Grant Project coordinator), Laura Pirkey (DFC Program Director, THY Coordinator, Bluffton THY Advisor).

DFC Support Grant Update/2022-2027 DFC Support Program Grant Application: Dr. Novince reminded everyone that the first 5-year cycle of the DFC Grant ends Sept. 29, 2022 and that several activities will still need to be accomplished. She is writing the second 5-year grant cycle application (2022-2027) and mentioned that, as with the application for the first 5-year cycle, a Project Narrative, which includes a 12 Month Action Plan is required. The 12 Month Action Plan serves as our roadmap.

She and Laura reported that the DFC Grant Progress Report has been reviewed by DFC/CDC. Due to low representation in Sectors, except for the Youth, School, and Law Enforcement Sectors, our CDC Project Officer asked that the Coalition identify alternate CIA representatives. Alternate representatives will need to be identified for the following Sectors: Faith- Based, Government, Youth Serving, Substance Abuse Agency, Media, Parent, Health, and Civic. Laura stated that she reached out to Allen Wolf at Kiwanis, and he will work on trying to identify a representative for the Civic Sector. It was noted that Wendy reached out to a Zonta member who expressed interest to serve as a Civic CIA representative.

TEENS FOR HEALTHY YOUTH PRESENTATION

National Drug Facts Week March 21-27: Teens for Healthy Youth engaged the Board in NIDA's National Drug and Alcohol Drug Facts Week IQ Challenge Kahoot.

Teens for Healthy Youth Members, Kylie Nelson (Youth CIA, May River High THY), Lucia Valladeras (THY Bluffton High), and Rochelle Loarca (THY Bluffton High) guided the board in playing NIDA's National Drug and Alcohol Facts Week (NDAFW) Trivia IQ Drug Challenge. Kylie explained that this Kahoot created by NIDA educates youth on recent drug trends such as e-cigarette use. She also made the board aware that each of the THY groups would be participating and engaging their peers in NDAFW. The week is intended to Shatter the Myths about drug and alcohol use and provides facts to teens. NIDA for teens is a very user-friendly website that provides an abundance of prevention resources. Kylie walked the board through this website to show available resources.

Dr. Novince stated that information on the NIDA for Teens website has been cited in several E-News Alerts. She noted that due to increased attention to the mental health needs of our youth, there has been a mental health theme to a number of the E-News Alerts. Francine stressed that All LCAHY Board members should share these E-News Alerts. She asked if the E-News mail chimp formant could also be sent as a PDF so it could easily be put on a website or shared in PDF format.

12 Month Action Plan Updates/Ad Hoc Committee Assignments.

Teens for Healthy Youth (THY): Laura reported that THY Advisors were sent the award nomination forms for Teens for Outstanding THY Senior Recognition by LCAHY. She announced that Kylie, the current CIA Youth representative, will graduate in May. Jillian Campanella, a sophomore at HHCA and THY member since her freshman year, is willing to consider the position. Emma Nelson is willing to consider serving as an alternate/co for the position.

THY May River HS: Kylie gave an update. During Drug Facts week, May River THY will hand out dum dums with myths and fact cards. They are also making announcements on the school's daily video announcements. Lastly, she reported that at a recent club fair at the school, THY used that as a platform for recruiting new members

THY Bluffton HS: Rochelle reported that this week THY students from Bluffton High are going to McCracken middle school to present the Prevention Plus Wellness Program to the students.

LCAHY Intern Report: Kylie gave an update on the fact cards she has created, which includes fact cards on marijuana, alcohol, impaired/distracted driving. She placed QR codes on the fact cards to various educational links. Blanca is translating the fact cards into Spanish.

Community Events/Outreach Committee: Galen reported that there is a taco festival and a music festival on the Island in May. This will be an opportunity to reach the Latino Community. We are going to look at what the cost would be for a table at the event.

May Day 5K (sustainability): Jim Berl reported on sponsorships gathered so far. People can also go to the LCAHY website and make a donation of any amount. The spreadsheet of current donations was shown.

501C 3 status update: Cheryl reported that she plans to submit the short application form. She is waiting confirmation on the actual day the organization was founded and there is a need to firm up any edits to our by-laws. The application, once submitted, takes approximately 90 days.

Board Distribution of Rx Cards: Important for Board members to distribute to doctor's offices, libraries etc. The revised card also has a QR code. The card has also been translated into Spanish. This activity is written into the 12 Month Action Plan. The goals are to reduce youth access to prescription drug misuse and to educate the community about year-round drop off locations. In addition to the information that several locations offer, Galen suggested adding Deterra bags as another method for disposal of medications.

TAKE Back Day: Take Back Day, which is co-sponsored by the Sheriff's Office, BCADAD, and LCAHY will take place April 30, 2022 at Bluffton Myrtle Park Government Build and at Beaufort Sheriff's office in Beaufort. Jim suggested that we look into asking the Sheriff's Office if Hilton Head's Sheriff's Building could also serve as a Take Back Day location.

Narcan Training: Galen announced that BCADAD has partnered with Beaufort and Bluffton Libraries. BACAD will offer Narcan training at these locations. LCAHY will promote the event.

Meeting adjourned 7:35 pm.

Respectfully submitted, -- Francine Norz Tobin, Recording Secretary