



“Uniting the Community to Promote Positive Choices”

**LCAHY COMMUNITY BOARD MEETING
Bluffton High School Media Center
6:00 p.m.**

MEETING MINUTES
May 15, 2023

Meeting called to order at 6:01 by Jim Berl, Treasurer

Attendance: Jim Berl (Youth Serving Organization/Island Rec Center), Francine Norz Tobin (Government Agency/Solicitor’s Office), Cheryl Rodriguez (Parent), Dr. Loretta Novince, (LCAHY/DFC Grant Consultant), Erin Pawlak (Health Professional/Behavioral Wellness Group), Cheryl George (Schools/Bluffton HS THY Co-Advisor), Sgt. Akil Brown (Law Enforcement/Bluffton PD), Florentina Hartley (Schools/HHIHS THY Co-Advisor), Master Sgt. Craig Washington (Law Enforcement/Beaufort County Sheriff’s Office), George Hussey (Youth/Hilton Head HS THY), Emma Nelson (Youth/May River THY), Gabriella Black (Youth/Bluffton THY), Ethan Barrera (Youth/Bluffton THY), Kallista Champoux (Youth/Bluffton THY), Ben Vaught (Youth/Bluffton THY). DFC Staff: Laura Pirkey (DFC Grant Program Director and Youth Coalition Coordinator, and Mckencie Guerrero (DFC Grant Coordinator),

Approval of Minutes
Minutes Approved

DFC Support Program Grant Update With a Focus on the Coalition Snapshot

Dr. Novince presented that grant year 6 will end September 29 and that the Progress Report is due in August. She provided a brief overview of the DFC Support Program Grant goals, roles of the Community Board representing the 12 sectors, DFC data collection requirements, and a brief overview of the *Coalition Snapshot*, DFC Core Measure Outcomes: 2014 -2022, noting that the data was analyzed by DFC. *See PowerPoint attached to meeting notice. She stressed that DFC asks that DFC Coalitions not compare themselves to other DFC Coalitions as each coalition’s 12 Month Plan is unique to its local conditions.* During the presentation, Dr. Novince encouraged questions/comments. Youth in attendance remarked that they perceived that the reporting of 30-day use of e-cigarettes was much higher than is actually reported. Law enforcement agreed. There was a consensus that students do not understand the risks/harm of marijuana use, especially with the increase in vaping marijuana. Laura Pirkey and Dr. Novince stated that students usually perceive that more students are using than actually report use. It was noted that the LCAHY CTC data is a representative sample of 30-day use, how substances are accessed, perception of harm, approval of use by peers, and approval of use by parents, Laura stressed the importance of students taking the CTC survey in the Spring of 2024. THY members plan to create a new video to encourage students to take the survey.

12-Month Action Plan Updates/Ad-Hoc Committee Assignments

Teens for Healthy Youth

LCAHY May Day 5K: Ben Vaught, a Bluffton High THY member, reported on the following: Bluffton High THY member, Amber Van Horn, secured the Finish Line Sponsor for the May Day 5K, a \$750 donation from the Pearl Restaurant and a \$500.00 donation from Local Pie. During the May Day 5K, he took videos of the race and via THY Instagram the reels reached over 500 views! THY staffed the THY informational table with the THY brochure and resources to support May Mental Health Month, which included the THY Stress Fact Card, and THY Suicide Fact Card. They also had a sign-up sheet for individuals interested in joining or learning more about THY. THY members from Bluffton and May River were also stationed at race turns to help direct runners. Rising THY members at May River High staffed the refuel station and gave out bananas donated by David Martin, LCAHY board member and owner of Piggly Wiggly, as well as water bottles donated by Hargray. THY members also assisted LCAHY by passing out LCAHY tote bags to local race attendees, which contained resources such as LCAHY's information brochure, prevention resources like LCAHY's Rx Fact Card with year-long drop box locations and Deterra bags.

Bagging for Bucks: Kalista Champoux and Gabriell Black, THY members at Bluffton High School, reported on Bagging for Bucks. THY members from HHCA and Bluffton bagged groceries and meanwhile created awareness for LCAHY and encouraged customers to donate to THY to support positive teen health. THY members raised over \$500 at Piggly Wiggly, handed out flyers to promote LCAHY's May Day 5K, and had a QR code to direct customers to LCAHY's website to view mental health and prevention resources. THY plans to do Bagging for Bucks annually to raise money to support THY.

May Mental Health Awareness Project: Ethan Barrera, Co-President THY Bluffton HS (BLHS), reported members passed out THY's May Mental Health Awareness cups with tips for managing stress to all students and inside put THY's stress fact card with common teen stressors and tips for managing stress with candy donated by THY members. THY also gave all teachers THY Teacher Stress fact cards with common teacher stressors and positive strategies for managing stress as well as the THY suicide prevention Facts Card, and LCAHY brochure. THY set up a display table in the atrium/lunchroom with numerous prevention and mental health resources for students and faculty to pick up. They also read morning announcements to educate the school and create awareness for May Mental Health Awareness Month. Lastly, THY made a collage of pictures of students at BLHS to participate in a social media campaign launched by NAMI.

THY May River HS: Emma Nelson, THY member at May River High, presented. She is interested in helping THY May River get up and running again at May River next school year. Emma mentioned that she would be willing to help with recruitment and mentor new members. Her mother, Joy Nelson (LCAHY Media CIA), also has connections with Bluffton PD Advocate, Kate Cooler, who is interested in helping with THY.

THY Recognition Event: Laura Pirkey, LCAHY's Youth Coordinated, announced that the Teens for Healthy Youth Recognition Event will take place at Cross Schools from 6:30 to 7:30 in the gym/auditorium. All LCAHY board members were encouraged to attend and use the RSVP link sent out by email to board members. She also stated that the 2023 LCAHY Outstanding Senior Scholarship Committee would announce their selection(s) during the event. She reminded THY Advisors, that all THY members and their parents should RSVP so LCAHY would know how many refreshments are needed.

May Day 5K

Dr. Novince presented on behalf of Wendy Cummings: The May Day 5k was a success! There were approximately 189 runners. Donation sponsorships surpassed the previous May Day 5k's in 2021 and

2022.

LCAHY We ID the LCAHY Way Training

Jim Berl presented on behalf of David: David plans to assist with the coordination of training festival volunteers. He has also been in conversation with various establishments about the We ID the LCAHY Way training.

LCAHY Public Health Awareness Campaign

Dr. Novince presented on LCAHY's Fentanyl PSA, "One Pill Can Kill," which was presented via YouTube. See attachment on the meeting notice. A PSA on fentanyl and xylazine is planned.

DEA Rx Take-Back Day April, 22

Laura Pirkey reported on behalf of Galen and THY members who staffed the event. DEA Take Back Day took place April 2023. 23 cars dropped off medications collected by Sheriff's law enforcement officers. Dr. Novince added that Teens for Healthy Youth representatives handed out LCAHY Rx year-round location drop off fact cards, Deterra bags, LCAHY and THY brochures, and additional prevention information. Galen assisted THY members with talking points and coordinating resource bags.

Community Forum/Evaluations

Dr. Novince presented the evaluation for the community forum have not been completed by SCAHEC, the organization contracted to provide CEUs. However, the general evaluations have been tabulated. Evaluation results will be reported at the next meeting. This year a QR code was used to access the Forum Survey. It was noted that fewer surveys were submitted compared to past years when the survey was administered with paper and pencil. The Forum a success!

Other 2022-2023 12 Month Action Plan Updates

Environmental Scans: Laura Pirkey reported that THY members plan to conduct environmental scans, primarily at gas stations, prior to the beginning of the school year.

Youth Serving Organization Outreach: THY plans to present *Prevention Plus Wellness* to Boys and Girls Club members.

Hilton Head No Smoking/Vaping Ordinance: Arrangements are in progress to have THY members present to the Hilton Head Town Council, proposing that Council include No Vaping in their Smoking Ordinance.

Summer Patrols at Hot Spots: Master Sgt. Washington will contact the Hilton Head Sheriff's Office regarding additional patrols during the summer months on Coligny supported with DFC funds.

Documentation of In-kind Support: Laura encouraged everyone to document their hours of service.

Adjournment at 7:25 PM

Minutes submitted by Mckencie Guerrero on behalf of Francine Norz Tobin, Recording Secretary

Next Meeting: June 12, 2023 -Hilton Head High School Media Center