



TOWN OF BLUFFTON
BLUFFTON, SOUTH CAROLINA

"National Drug & Alcohol Facts Week"

Whereas, *National Drug & Alcohol Facts Week* is sponsored by the National Institute on Drug Abuse (NIDA) and the National Institute on Alcohol Abuse and Alcoholism (NIAAA) at the National Institutes of Health and research shows that young people are more likely to try drugs for the first time during the summer, making spring a critical season for reaching teens with important messages about drug and alcohol use; and

WHEREAS, the National Institute on Drug Abuse and the National Institute on Alcohol Abuse and Alcoholism stimulate most of the world's research and offers science as a key to the national and community conversation about alcohol, drugs, and addiction; and

WHEREAS, National Drug and Alcohol Facts Week's goal is to encourage teens to learn about scientifically based information about drugs, alcohol, and the impact on the developing teen brain, and while alcohol and other drugs can put a teenager's health and life in jeopardy, many teens are not aware of the health, social, and legal risks; and

WHEREAS, stress has been linked to substance use; teens can learn to use healthy coping strategies to build resilience in response to challenging circumstances and events; and

WHEREAS, locally LowCountry Alliance for Healthy Youth and Teens for Healthy Youth are working to educate and increase awareness about the health, safety, and legal consequences of youth substance use and healthy coping strategies that promote mental and emotional health; and

WHEREAS, *National Drug and Alcohol Facts Week*[®] celebrates the efforts of national, community, and youth organizations to encourage science- based conversation about addiction, alcohol, marijuana, tobacco, other drugs; and

WHEREAS, all of us have the power to effect change to prevent and reduce youth substance use and to be the best advocates for promoting positive choices for our youth, our future; and

WHEREAS, Teens for Healthy Youth, an initiative of LowCountry Alliance for Healthy Youth, has chosen the Town of Bluffton to officially launch their local efforts.

NOW, THEREFORE, I, Lisa Sulka, Mayor of Bluffton, on behalf of the Town of Bluffton and Bluffton Town Council, do hereby proclaim March 21 to March 25, 2022 to be *National Drug & Alcohol Facts Week* in the Town of Bluffton.

Lisa Sulka, Mayor

