



TOWN OF BLUFFTON

NATIONAL MENTAL HEALTH AND SUBSTANCE USE AWARENESS MONTH PROCLAMATION

WHEREAS, during the month of May, a national health observance is dedicated to increasing public awareness of, and action around positive mental health and substance use prevention; and

WHEREAS, rates of opioid addiction and reports of depression, suicidal thoughts and attempts, and serious mental illnesses have increased; and

WHEREAS, individuals struggling with social isolation, fear, anxiety, and uncertainty during COVID-19 are suffering from or may be at risk for mental and/or substance use disorders; and

WHEREAS, the COVID-19 pandemic has affected people across the lifespan and created new barriers for people accessing mental health and substance resources and treatment; and

WHEREAS, this national month of awareness celebrates the efforts of communities and organizations coming together to raise awareness about the importance of substance prevention and positive mental health; and

WHEREAS, all of us have the power to be the best advocates for promoting substance use prevention and positive mental health and by increasing public awareness of, and action around positive mental health and substance use prevention.

NOW, THEREFORE, I Lisa Sulka, Mayor of Bluffton, on behalf of the Town of Bluffton and Bluffton Town Council do hereby support the efforts of the Lowcountry Alliance for Healthy Youth Coalition in raising awareness about positive mental health and substance use prevention issues and proclaim the month of May to be Mental Health and Substance Use Awareness Month in the Town of Bluffton.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the seal to be affixed this 10th Day of May 2022.



Lisa Sulka, Mayor