

LCAHY Minutes October 26, 2020 Virtual Board Meeting

Meeting Called to order 6 pm by Chairperson Wendy Cummings.

Attendance: Wendy Cummings (Schools/Cross Schools THY Advisor), Francine Norz Tobin (Government Organization/Solicitor's office), Dr. Loretta Novince (LCAHY/DFC Grant Consultant), Wade Bishop (Substance Abuse Agency/BCADAD), Cheryl George (Schools/THY Bluffton HS co-advisor), Pastor Lisa Schrott (Faith Based Organization/First Presbyterian), Kia Greene (Youth/Bluffton THY), Sydney Wood (Schools/HHI Prep THY Advisor), Carla Alvarado (Youth/THY), Galen Sturup-Comeau (Substance Abuse Agency/BCADAD), Tia Campanella (Business), David Martin (Business), David Burke (Health/ Burkes Pharmacy), Mariah Bowen (Schools/THY Advisor), Pamela Maddox (Schools/Asst. Principal McCracken), Audrey Weidner (Youth/Bluffton THY), Jennifer Weidner (Parent/Bluffton Schools). Staff: Tia Bowers (DFC Project Coordinator), Laura Pirkey (DFC Project Director/THY Youth Coordinator).

October 5, 2020 Minutes Approved: Motion to approve Minutes by Francine and seconded by Wade.

DFC Grant Update/Requirements/Review of DFC Goal 1: The Board reviewed/discussed Goal 1 of the 2020-2021 DFC 12 Month Action Plan to determine adjustments needed due to COVID-19 challenges. Note: All DFC grantees are required to use the 7 Strategies of Community Change in creating the 12 Month Action Plan. Dr. Novince served as the facilitator. **See link to Board review of Goal 1 of the 2020-2021 12 Month Action Plan.**

E-Cigarette Logic Model Review by the Board: Prior to the Board review of the E-Cigarette Logic Model, created by the Board in January 2020, 2018 and 2020 data was presented on the following 4 CTC core measures: Vaping Use in Past 30 Days, Perceived Risk for Someone to Vape, Peer Disapproval of Vaping, and Parent Disapproval of Vaping. Pastor Lisa Schrott questioned several data sets and suggested the data be reviewed/examined. **See link to the Board's review of the E-Cigarette Logic Model, which identifies interventions for reducing access.**

DFC Goal 2 of the 12 Month Action Plan: Discussion of the 12 Month Action Plan under DFC Goal 2 will be reviewed by the Board at the November meeting. The Logic Model created by the Board, which identifies interventions for reducing approval of E-Cigarettes, will be reviewed by the Board.

DFC/LCAHY 12 Month Action Plan Updates/ Ad-Hoc Committee Reports:

Reducing Underage Access/Signage: David Martin reported that he is providing underage drinking law signage clings, created by LCAHY Board member, Mary Lou Hariburd, to local businesses including restaurants and bars in the beach area of Coligny with the purpose educating owner/managers about the importance of signage especially during COVID when masks are worn and curbside pick-up is offered. David also reported that he is working on having the 14th Solicitor Alcohol Enforcement Team (AET) infographic, which addresses ID checks and removal of masks, to be customized for distribution with LCAHY's logo. Approval to distribute was given by the AET coordinator. Wade sent the original infographic design to David.

Rx Take Back Day: Casey and Audrey, Teens for Healthy Youth (THY) members, reported that members of THY and advisors participated in the day event on October 24. This was a collaboration between LCAHY Teens for Healthy Youth and the Sheriff's Department. Community members dropped off shopping bags of unused medication to law enforcement. And, THY members distributed the LCAHY Rx fact card, highlighting year-round drop off locations, a Medicine Safety Check List, and a THY informational brochure. There was an estimated 60 cars who came by to drop off medications. Loretta gave Wade recognition for supporting THY's involvement in Rx Take Back Day at the Bluffton Government Building. Rx Take Back Day was also held at the Beaufort Government Building. The event was a collaborative effort of the Beaufort County Sheriff's Beaufort County Drug and Alcohol and Sheriff's office and LCAHY/THY.

Teens for Healthy Youth: THY HH Prep School members will be tying in Halloween themed messages about stress and reaching out for help to **their peers in the upper school**. Long term project is the students are going to come up with a different topic for each month to education students regarding. For example, March will be Nutrition month. Bluffton High THY plan to continue the stress theme. They plan to create a tic toc video about stressors teens experience during COVID-19 and tways healthy ways to manage the stress. May River High THY are planning a poster contest about stress during COVID. The winner of the contest will get a basket of donated prizes. Cross Schools THY is still working on recruiting more members. In November they are planning education on diabetes in conjunction with national diabetes month, including addressing the risk of substance use. This project will tie in stress and how it relates to diabetes as well. Additional THY Activities: Laura mentioned that grant funds were used to purchase the *In God's Image Program* and *Prevention plus Wellness Program* for THY groups in the six area high schools, which will be used for peer-to-peer education including social media projects. Also, she is looking into purchasing tee shirts for THY members and advisors. Bluffton Custom Inc is going to do pricing and mock-up designs for THY. THY Project Money carried over from the previous semester will be used for this purchase. Also, Laura reported that she spoke with a representative at the Boys and Girls Club in Hilton Head Island about THY and LCAHY. Laura is hoping to recruit him for our Board.

Board Distribution of Rx Fact card: Francine asked Board members share the fact card with as many social media sites they can and/or email it to their email lists. She asked everyone to document their outreach on the form sent by Tia to all Board members.

Health Sector Initiative: David Burke, pharmacist and Board member, presented on LCAHY's purchase of Detera bags for distribution to local pharmacies on the Island and in Bluffton. Distribution is also planned to oral surgeon and orthopedic offices. Dr. Marty Pauls, Board member, will distribute Detera bags to oral surgeon offices. David further stated that the Detera disposal bag program is a great way to dispose of medication in between the Take Back Days. Customers can just add water to the bags and it will be a safe way to dispose of medication. The LCAHY logo will be placed on the bags. He also suggested that, if necessary, he can create a sheet teaching customers how to dispose of medication using coffee grinds and kitty litter. Loretta mentioned that the LCAHY Rx fact card includes this information. David asked that he be given copies of the Rx fact card to make available at his pharmacy and other pharmacy locations.

Town Council Proclamations: Wendy reported that both Town of Bluffton and Town of Hilton Head accepted our proclamations for November, Smoke-Free Vape-Free Awareness Month. Dr. Novince announced that Mayor Sulka will read the Proclamation at Bluffton's virtual Town Council Meeting.

Fund Development/LCAHY Walk-Run Update. Dr. Novince reported that she has been in contact with Lyndee Simoneaux, Special Events Coordinator for the Town of Bluffton, and submitted the Walk-Run proposal created by LCAHY's intern for review. Lyndee stated that Bluffton may begin scheduling live walk-runs with limited numbers as early as December. Francine suggested that a projected date for the LCAHY Walk-Run be as early as February 2021. Lyndee, who will serve as LCAHY's contact, was not available to join the October 26 meeting to give an update. However, she will join the November 16 virtual Board meeting.

Virtual Webinar Trainings: Wendy reported that the HIDTA Summit recorded webinar is available and will be posted.

Next meeting December, 2020 – 6pm Zoom

Meeting Adjourned: 8:05 pm

Respectfully submitted,

Francine Norz Tobin, Recording Secretary